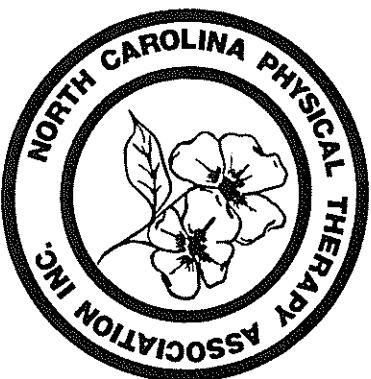




NC Physical Therapy Association
A chapter of the American Physical
Therapy Association
316 W. Millbrook Road #105
Raleigh, NC 27609
Phone: 919-841-0268; 1-800-948-2672

**2010 Spring Chapter
Meeting
and
Educational Seminars**
of the

**North Carolina
Physical Therapy
Association**



**Friday & Saturday
April 23-24, 2010**

Forsyth Medical Center
in the Conference Center
3333 Silas Creek Parkway
Winston-Salem



HANDOUTS: Handouts will
be posted on the NCPPTA web
site www.ncptpt.org by April
10th.
*Please download handouts
for all sessions you plan to
attend.*

CONFERENCE HOTEL
Comfort Suites
200 Capitol Lodging Court
Winston-Salem, NC 27103

Call for reservations:
1-336-774-0805
Ask or NCPPTA Spring Chapter
Rate
Group rate*: \$62 Single/or
Double *This rate is available
through April 9, 2010.*

**CONTINUED
COMPETENCE CREDIT**
Bring your PT/PTA
license number with you
to ensure your receive
credit. Sign-in required.

North Carolina Physical Therapy Association
2010 Spring Chapter Meeting & Education Seminars
 April 23-24, 2010
 Forsyth Medical Center, Winston-Salem



REGISTRATION FORM

Please print clearly: Please use one form per person.

First Name _____
 Last Name _____
 Credentials _____ (PT, PTA, DPT, etc.)
 APTA Member Number: _____ (Required*)
 Company name _____
 Mailing address _____
 City _____
 State _____ Zip Code _____
 Email: _____
 Daytime phone: () _____

Member Rate (N)=Non-
 Member (M)=Member
 PT/PTA
 (S)=Student (NS)=Student

Friday, April 23, 2010

Essentials of Handling: An NDT Perspective (This is an 8-hour program offered on Fri. p.m. and Sat. a.m.) Register here for both sessions.	Pediatrics Special Interest Group	\$200 (M) \$75 (S)	\$300 (N) \$100(NS)
A Multi-System Approach to Treating Patients with Vestibular and Balance Dysfunction (Special Registration Rate)	Physical Therapist Assistant (PTA) Special Interest Group	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
Collaborative Teaching and Peer Learning in Clinical Education	General Education Session	\$40 (M)	\$60 (N)
(Friday Session Clinical Prediction Rules: How To Implement into Physical Therapy Practice being offered 2 times.)	General Education Session (This is a 4-hour session)	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
PT Referrals and Treatments in Acute Care: Volume Management While Providing Excellent, Evidence-based Care	Acute Care Special Interest Group	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
Issues Forum - Legislative Issues	Chapter Event -	N/A	N/A

Saturday, April 24, 2010

PTA Tract: • PTA Scope of Work & Supervision Requirement in North Carolina • The McKenzie Method: A Program Overview for Physical Therapist Assistants	Physical Therapist Assistant (PTA) Special Interest Group	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
Private Practice Tract: • Medicare RAC Preparation • Using the APTA Brand to Promote and Brand Your Private Practice • The Benefits of Hosting a PT Intern in the Private Practice Setting	Private Practice Special Interest Group	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
(Saturday Session) Clinical Prediction Rules: How To Implement into Physical Therapy Practice	General Education Session (This is a 4-hour session being offered 2 times.)	\$100 (M) \$50 (S)	\$150 (N) \$60 (NS)
Issues Forum - House of Delegates Discussions	No cost to attend.	Check if You Will Attend	
NCPA Chapter Business Meeting	No cost to attend.	Check if You Will Attend	
Line Totals:			
Total Due to NCPA			

To Register By Mail:

Mail your completed registration form with check payable to: (Must be received by April 20)

NCPA FEID: 56-6058458
 316 W. Millbrook Road, Suite 105
 Raleigh, NC 27609

Go to: www.ncpt.org On the Home Page, Look for 2010 Spring Chapter Meeting Registration.
 Click on REGISTER HERE, follow instructions.. NCPA accepts VISA, MasterCard, American Express and Discover

HANDOUTS: Handouts will be posted on the NCPA web site by April 10th.
Please download the handouts for all sessions you will attend.

Questions: Call NCPA 919-841-0268 or 1-800-948-2672

2010 NCPTA Spring Chapter Meeting
Conference Center at Forsyth Medical Center
Winston-Salem, North Carolina

Friday, April 23, 2010

Start/End Time Program Title/ Speaker

1:00 - 5:00 p.m. **Essentials of Handling: An NDT Perspective**
 Margo Prim Haynes, PT, DPT, MA, PCS, C/NDT
 Part 1 of 2

*Please wear comfortable clothing that will allow free movements.
 Exercise clothing works great.*

1:00 - 5:00 p.m. **A Multi-System Approach to Treating Patients
 with Vestibular and Balance Dysfunction**
 Rachel McNeil, PT, DPT and Tricia Agnoli, PT, MS, NCS
*This session open
 to PTs and PTAs.*

1:00 - 5:00 p.m. **Collaborative Teaching and Peer Learning in
 Clinical Education**
 Corrie Odom, PT, DPT & Kyle Covington, PT, DPT, NCS

1:00 - 5:00 p.m. **Clinical Prediction Rules: How To Implement into
 Physical Therapy Practice**
 Josh Hayes, PT, DPT, OCS

This is a 4-hour session being presented 2 times.

2:00 - 5:00 p.m. **PT Referrals and Treatments in Acute Care
 Volume Management While Providing Excellent,
 Evidence-based Care**
 Mary Kroohs PT, Jennifer Cline, PT

5:00 - 7:00 p.m. **Learn about Hot Legislative Issues Impacting
 You Now -- and in the Future. Hear what's
 happening in physical therapy in the NC General
 Assembly and U.S. Congress**

Dean McCall, DPT, NCPTA Vice President

5:00 - 7:00 p.m. **NCPTA Scholarship & Loan Fund Interviews**
 (By Invitation Only)

7:00 p.m. **NCPTA Board of Directors Meeting**

HANDOUTS: Handouts will be posted on the NCPTA web site www.ncpt.org by April 10th. Please download handouts for all sessions you plan to attend.

Saturday, April 24, 2010

Start/End Time

Program Title/ Speaker

8:00 a.m.-Noon **Essentials of Handling: An NDT Perspective**
 Margo Prim Haynes, PT, DPT, MA, PCS, C/NDT
 Part 2 of 2

*Please wear comfortable clothing that will allow free movements.
 Exercise clothing works great.*

8:00 - Noon **8-9 a.m. PTA Scope of Work & Supervision
 Requirement in North Carolina**
 Ben F. Massey, Jr.

9 a.m. - Noon

8:00 - 10:00 a.m. **The McKenzie Method: A Program Overview
 for Physical Therapist Assistants**
 Charles Sheets, PT, DPT and Mary Currin, PTA
*This session open to
 PTs and PTAs.*

Medicare RAC Preparation
 Jason Harloff, PT, MSPT

10:00 - 11:00 a.m. **Using the APTA Brand to Promote and Brand Your
 Private Practice**
 Brian Boyle, PT, DPT

11:00 a.m. - Noon **The Benefits of Hosting a PT Intern in the Private
 Practice Setting**
 Bruce Buley, PT, MA, OCS, GSCS, Terry Young, PT, and
 Lisa Johnson, PT, DPT, ACCE

8:00 a.m. - Noon **Clinical Prediction Rules: How To Implement into
 Physical Therapy Practice**
 Josh Hayes, PT, DPT, OCS

This is a 4-hour session being presented 2 times.

8:30 a.m. - Noon **NCPTA Delegation Meeting**
 Noon - 1:00 p.m. **Lunch On Your Own**
 1:00 - 2:00 p.m. **Issues Forum - House of Delegates Discussions**
 2:00 - 5:00 p.m. **NCPTA Chapter Business Meetings**

CONFERENCE HOTEL

Comfort Suites
 200 Capitol Lodging Court
 Winston-Salem, NC 27103

Call for reservations 1-336-774-0805 Ask or NCPTA Spring Chapter Meeting Rate
 Group rate*: \$62 Single/or Double *This rate available through April 9, 2010*
 Just down the street from Forsyth Medical Center's Conference Center

SESSION SUMMARIES

Session Title
Essentials of Handing: An NDT Perspective

Description
Essentials of Handing: An NDT Perspective (8 Contact Hours)

This is a 2-part session 1-5 p.m. on Friday and 8 a.m. to Noon on Saturday
Hosted by Pediatric SIG
This session will provide a perspective on how Neuro-Developmental Treatment (NDT) can be used to address problem solving skills, participants will be introduced to observational analysis of posture and movement and the relationship to function and system impairments. Emphasis on handling will include strategies to modify alignment, change base of support (BOS) and shift center of mass (COM) during active play. Participants will learn through hands on experience, proximal and distal key point of control that can be used to support the child's function. Throughout the session, the "just right challenge" will be emphasized and the "critical time" when guiding hands can be removed will be a part of the presentation. This seven and one half hour training session will focus on NDT handling strategies from an NDT perspective. To enhance the learning process, everyone will be encouraged to participate in movement labs with a lab partner.

Physical Therapist Assistant
Tract (Friday)
(4 Contact Hours)

The course will review key concepts of balance and sensory integration, discuss assessments and treatment strategies for the patient who is dizzy and/or "off-balance." The Physical Therapist Assistant will be able to use a multi-factorial approach to balance treatment. The geriatric population is estimated to double by the year 2030 due to the baby boomer generation. A significant risk for this population is falls. A multi-factorial approach to falls, including the evaluation of dizziness and imbalance, is key for successful physical therapy interventions. By gaining knowledge of four peripheral strategies for balance and reviewing multiple assessment tools, the PTA will improve critical thinking for implementing appropriate therapeutic activities and progression. The PTA will be able to identify multiple vestibular pathologies and become familiar with basic canal testing and canalith repositioning maneuvers.

Physical Therapist Assistant
Tract (Saturday)
(4 Contact Hours)

Collaborative Teaching and Peer Learning in Clinical Education
Collaborative Teaching and Peer Learning in Clinical Education
(4 Contact Hours)

The physical therapy profession is increasingly challenged to observe best educational practice in clinical education. Adult learners possess attributes that enable them to be valuable resources to their instructors, patients and peers. Adopting a collaborative teaching and peer learning approach in clinical education accommodates more learners/instructors and may contribute to the productivity of the practice. An innovative and integrated model of clinical education in which experienced clinicians and academic faculty utilize technology and sound teaching methodology to guide students in their clinical skill acquisition and professional development will be presented.

Physical Therapist Assistant
Tract (Saturday)
(3 Contact Hours)

PT Referrals and Treatments in Acute Care: Volume Management While Providing Excellent, Evidence-based Care
PT Referrals and Treatments in Acute Care: Volume Management While Providing Excellent, Evidence-based Care
(3 Contact Hours)

This interactive presentation will offer acute care clinicians some practical ways to address growing numbers of questionable referrals. This topic as well as how to manage caseloads have frequently surfaced on the APTA Acute Care List Serve. Clinicians have expressed frustration with PT interventions not reaching the patients who need those services the most. The speakers will describe actions which enable staff therapists to manage their workload without sacrificing the quality of patient care. The dilemma of how to manage caseloads and the volume of referrals is a nationwide concern. Acute Care PTs are seeking ways to exercise the skills they possess in the most efficient yet meaningful ways while staying within budgetary needs.

Physical Therapist Assistant
Tract (Saturday)
(3 Contact Hours)

PTA Scope of Work & Supervision Requirement in North Carolina (1 Contact Hour)
PTA Scope of Work & Supervision Requirement in North Carolina (1 Contact Hour)

The North Carolina Board of Physical Therapy is responsible for administering the North Carolina Physical Therapy Practice Act and Board's rules. The presentation will discuss the scope of work for PTAs, the Board's Position Statements that affect PTAs, and supervision requirements. 1. Participant will learn about the scope of work that is permitted in NC by the Practice Act, Board's rules, and Board's Position Statements. 2. Participant will learn about supervision requirements for PTAs. 3. There will be a question & answer session.

Physical Therapist Assistant
Tract (Saturday)
(3 Contact Hours)

The McKenzie Method: A Program Overview for Physical Therapist Assistants (3 Contact Hours)
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While there is a large number of physical therapists in NC who are credentialed in and use the McKenzie principles for treating patients with orthopedic complaints, there are fewer PTAs who have received specific education in this method. This presentation is designed to provide an overview of this method. This includes lecture and lab practice for attendees, focusing on understanding the different diagnostic categories, treatment progression, and warning signs that can be used to adapt treatment. The presentation will include both lecture and lab sessions, which will involve working in small groups to understand the progression of treatment, and techniques that are allowed under PTA practice acts.

Physical Therapist Assistant
Tract (Saturday)
(4 Contact Hours)

One of the speakers is a PTA with extensive experience with this method, who will speak specifically to techniques for progressing patients, how to talk to therapists about reassessment and possible changes in treatment, and how to best apply the methods within the limitations of allowed spinal mobilizations.
Medicare RAC Preparation (2 Contact Hours)
Medicare RAC Preparation (2 Contact Hours)

SESSION SUMMARIES

Session Title
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Description
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Tract (Friday)
(4 Contact Hours)

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Physical Therapist Assistant
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Physical Therapist Assistant
Tract (Saturday)
(4 Contact Hours)

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Medicare RAC Preparation (2 Contact Hours)
Medicare RAC Preparation (2 Contact Hours)

Physical Therapist Assistant
Tract (Saturday)
(3 Contact Hours)

Using the APTA Brand to Promote and Brand Your Private Practice (1 Contact Hour)
Using the APTA Brand to Promote and Brand Your Private Practice (1 Contact Hour)

When consumers think physical therapy they most often think rehabilitation. Motion is an integral ingredient to maintaining a normal and active life and physical therapy is more than rehabilitation alone. Therefore, we are working to broaden our mindshare from rehabilitation alone to "motion". A brand is only as good as those it represents. APTA members must embrace the new brand and live it for it to become a reality and work to move the profession forward. The instructors will provide real world examples of how to use the APTA Brand to publicly increase awareness of physical therapy and to help brand a private practice.

HANDOUTS

Handouts will be posted on the NCPA web site by April 10th.
Please download the handouts for all sessions you will attend.

For additional details information, go to the NCPA web site: www.ncpta.org.